

– **HEALTHY** –

**Scot's Porridge made the Scottish Way with Water and Salt or
Choose Milk and Sugar**

Choose toppings – Brown Sugar, Fresh Cream, Local Heather Hills
Honey or Stewed caramelised apple and cinnamon or berry compote

Bircher Muesli – with Almond Milk, Grated Apple, Blueberries and
cinnamon

Fruit and Greek Yogurt Sundae – Greek Yoghurt topped with Fresh
Berries and Banana, Organic Granola and a drizzle of Heather Hills
Honey

– **SWEET** –

Home-made Pancakes, served with Berry Compote and
real Maple Syrup.

Mixed Toast Rack – seeded brown/ crusty white/ wheat free served
with Scottish butter and Heather Hills preserve selection

Please help yourself to a selection of fresh pastries, cereals, muesli, fruit
compote, nuts, seeds and Greek yoghurt from our breakfast bar

– **HEARTY** –

Traditional Scottish Breakfast – Ayrshire back bacon, rare-breed
Clash farm pork sausage, Campbell's haggis & black pudding, tattie
scone, grilled plum tomato, Portobello mushroom and Lintz Hall farm
free range eggs any style

Vegetarian Scottish Breakfast – Two vegetarian sausages, Campbell's
vegetarian haggis, tattie scone, plum tomato, Portobello mushroom and
Lintz Hall farm free range eggs any style

Oak Smoked Whole Kipper – Our famous Orkney kippers, oak
smoked in a kiln for a smoky flavour

Orkney Smoked Salmon and Free Range Scrambled Eggs from
Lintz Hall Farm on seeded brown toast

Grilled Ayrshire Back Bacon and Fried Free Range Egg – in an
artisan morning roll

Eggs Florentine – Poached free range eggs, spinach, sourdough bread
topped with hollandaise sauce

Free Range Poached, Scrambled, or Fried Eggs from Local Lintz
Hall Farm on seeded brown or crusty white toast

Free Range Boiled Eggs from Lintz Hall Farm and soldiers

Monday-Friday 7.30am-11.00am and
Saturday-Sunday 8.00am-11.00am

All food is freshly prepared from the kitchen and all larder is sourced local and from other parts of the Scottish Isles. Please speak to our team if you have any food allergies or special dietary requirements.

Continental Breakfast £15
Cooked Breakfast £20

(please note that these charges only apply if you do not have breakfast included in your room rate)

BREAKFAST MENU

– DRINKS –

Selection of Fruit Juices

House Smoothie

Choice of mature Java cafetiere coffee or a selection of St. Andrew's TLC tea